

There is always someone to talk to; don't suffer in silence.

Talking about
suicide does not
cause someone to
become suicidal -
but,
it may prevent it.

Scan me,

for more
information.

- Feeling depressed?
- Getting bullied?
- Friendships in crisis?
- Family issues?

Make the call; **don't suffer** in silence.



Confidential Crisis Line

970-252-6220